REMEMBER YOUR CALLING

SOUL GUIDING RETREAT



HEALING THE BODY

THE DOORWAY OF AWAKENING

MARCH 16 - 27, 2027

SACRED VALLEY OF PERU

GENE KEYS, EARTH MEDICINES & INTEGRATION

RETURN TO YOURSELF

A SACRED JOURNEY TO REMEMBER WHO YOU ARE

Hola Familia!

I am Carmen, founder of Soul Guiding Portal and I'd love to invite you to join us for an immerse 12-day healing journey in the Sacred Valley of Peru.

To support your process, I've gathered a group of healers, shamans, and somatic practitioners, people I deeply trust, to hold a safe, grounded ceremonial space throughout our time together.

Together, we work with a blend of ancestral earth medicines, somatic release, and the mechanics of Human Design and Gene Keys to reset our nervous systems and awaken our innate gifts.

After walking this path with earth medicines for 7 years, I've seen how they literally act as circuit breakers for our biology. They help reset our body chemistry, soothe our nervous system, and clear out the heavy ancestral patterns we carry in our DNA.

I'm so grateful for what this path has done for my own body. It truly has helped me step into the alignment my soul chose for this incarnation.

Now, honoring my role as a Manifestor, I'm ready to initiate this healing journey alongside 8 incredible co-facilitators.

We'd be so honored to hold space for you if you feel called to walk this path with us.

Thanks so much for reading, and I hope to see you in the Sacred Valley! 💝
With love, Carmen



Carmen Anderson
Soul Guiding Portal - Founder
3/5 Emotional Manifestor

EQUINOX & FULL MOON RESET

12-Day Journey to Alignment



Why We Align Our Journeys with Solstices & Equinoxes & Full Moon Portals?

In case you're wondering why our retreats always land during cosmic windows ...
Mother Nature was intentional with her cycles. During an equinox, solstice or full moon, the Earth enters a natural transition point and so do our bodies.

That's the reason we schedule our deepest ceremonies, especially Ayahuasca, inside these portals because the veil thins and the work goes deeper. The momentum of the planet does half the heavy lifting for us.

This sacred window allows you to:
- Reflect: Look at where you've been with complete compassion.
- Release: Put down old survival habits and ancestral baggage.
- Empty: Clear stagnant weight to make real room for vitality.
- Anchor: Plant clear intentions for the season ahead.

You aren't healing alone in a room, you're moving in rhythm with Pachamama herself.

WHAT YOU WILL WALK AWAY WITH

By the end of the retreat, you will have:

- A clear understanding of your Gene Keys profile, your gifts, patterns, and pathways of transformation
- Profound insights from your Human Design or Astrology charts
- Greater awareness of your emotional triggers and the patterns behind them
- Tools for self-responsibility and grounded decision-making
- A renewed relationship with your body and intuition
- Embodied insight from your ceremonial experiences
- A sense of belonging and being genuinely accompanied on your path
- Integration practices to help you weave your insights into daily life
- A lived experience of what it means to feel alive again





WHAT'S INCLUDED

Inside your 12-Day Immersion Container

Logistics & Nourishment

- Roundtrip Cusco Airport & Sacred Valley transfers
- 11 nights accommodation (Double room / private upgrades available)
- Daily chef-prepared vegetarian meals and cold-pressed juices and herbal infusions.

Ancestral Earth Ceremonies (5 Ceremonies)

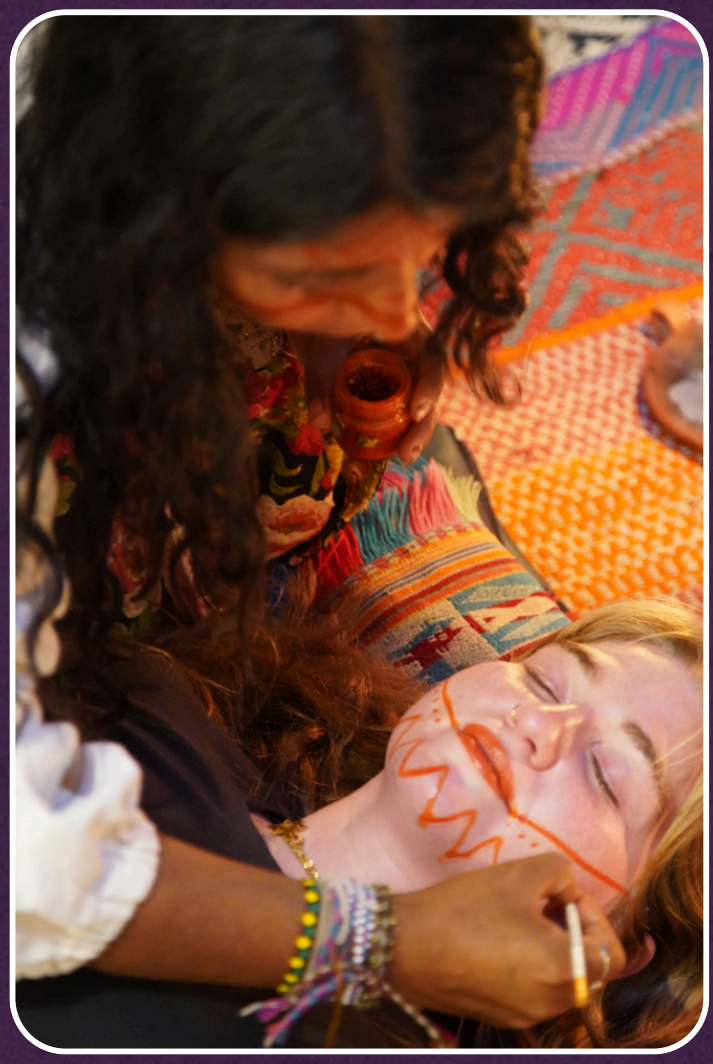
- 1 x Kambo Reset
- 2 x Bufo Alvarius Ceremonies
- 2 x Ayahuasca Ceremonies (held during Equinox & Full Moon portals)

Sacred Andean & Elemental Rituals (6 Sessions)

- 3 x Traditional Q'eros Ceremonies (Opening, Closing Despacho + Equinox Blessing)
- 1 x Andean Cosmovision Talk & Temazcal Sweat Lodge
- 2 x Purification Baths (Infused with Chili, Deep-Sea Mineral Stones & Andean Flower Cleanse)

Embodiment & Healing Integration

- 1x Sound Bath Ceremony
- 1x Equine Therapy (Family Constellation with Horses)
- 3x Art Integration & Release Sessions
- 5 x Cacao Ceremonies / Intention Circles
- 8x Yoga Sessions



RETREAT COST

USD 3333

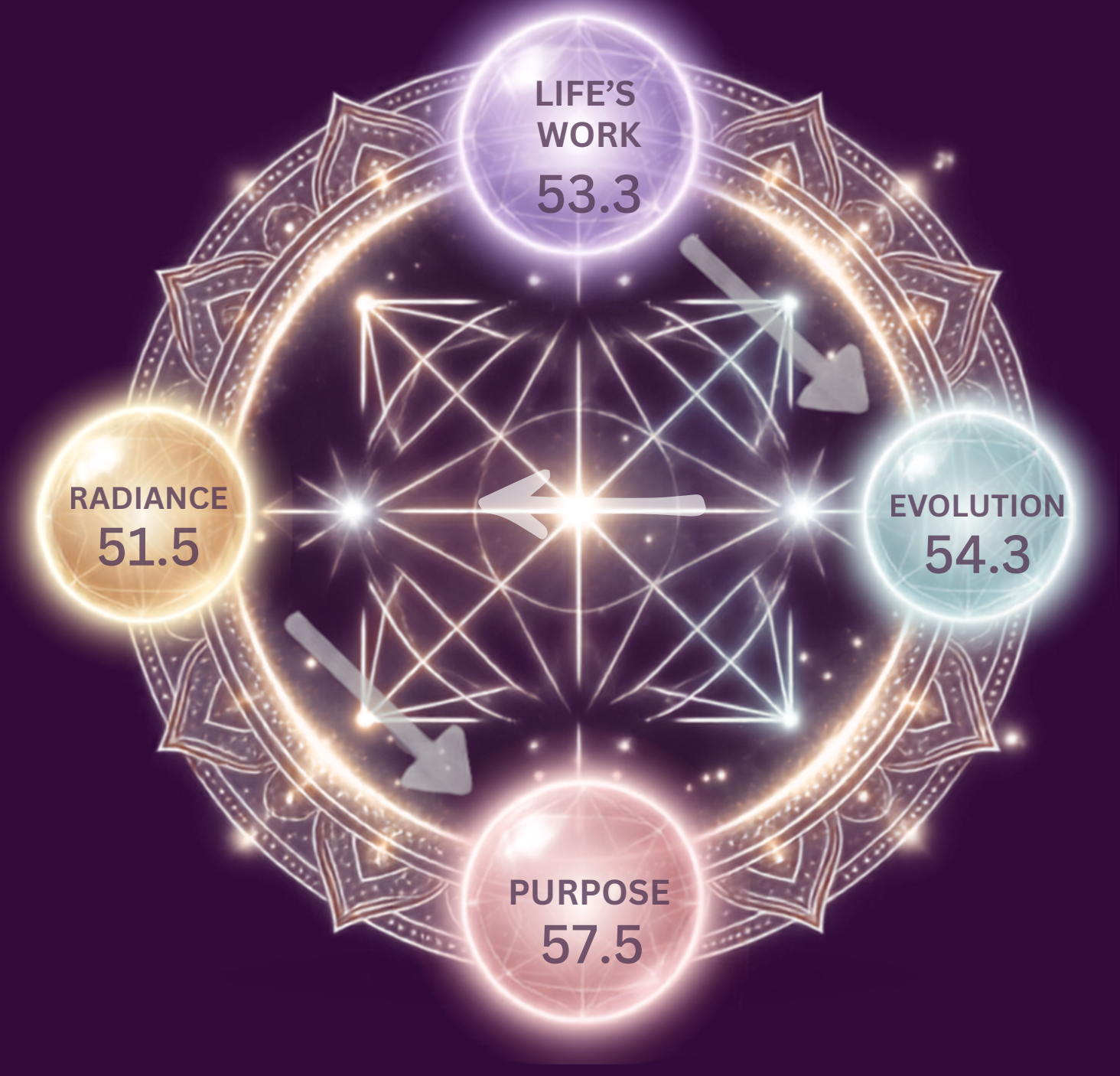
Based on double occupancy room



THE BEGINNING OF YOUR JOURNEY

YOUR AWAKENING CODES

Your 4 Main Prime Gift - Sample



Before you arrive, you'll receive your personalized Awakening Codes Ebook, highlighting your four unique Prime Gifts. These top four keys represent 70% of your energetic essence. This will become your inner compass throughout the retreat, helping you understand your natural patterns, gifts, emotional landscape, and the deeper themes shaping your life. It's the first step in a journey devoted to rediscovering what it feels like to be fully alive....

RETREAT PROGRAM

DAY 1 - MONDAY, MARCH 16

11:00 am	Opening Ceremony guided by the Q'eros
12:00 pm	Deep - sea stone & Chili Purification Bath
1:30 pm	Vegetarian Lunch buffet
4:00 pm	Cacao Circle - Sound Bath
6:30 pm	Dinner

DAY 2 - TUESDAY, MARCH 17

7:00 am	Kambo Ceremony
9:00 am	Breakfast
12:00 pm	Lunch
2:00 pm	Family Constellation with Horses
6:30 pm	Dinner

DAY 3 - WEDNESDAY, MARCH 18

7:30 am	Gentle Yoga
9:00 am	Bufo Ceremony
11:00 am	Brunch
3:00 pm	Creative Art Integration & Gene Keys Contemplation
6:30 pm	Dinner

RETREAT PROGRAM

DAY 4 - THURSDAY, MARCH 19

7:30 am	Yin Yoga
9:00 am	Bufo Ceremony
11:00 am	Open Brunch (Chef-prepared as you finish)
1:00 pm	Floral Integration Bath
3:00 pm	Cacao Ceremony - Gene Keys Contemplation
6:30 pm	Dinner

DAY 5 - FRIDAY, MARCH 20 - EQUINOX

8:00 am	Restorative Yoga
9:15 am	Breakfast
11:00 am	Cacao Ceremony - Ceremony Intention Circle
1:00 pm	Light Lunch -Final meal before Ceremony
8:00 pm	Q'eros Equinox Blessing Ceremony
9:00 pm	Ayahuasca Ceremony - 10 hour Journey

DAY 6 SATURDAY, MARCH 21

7:30 am	Post-Ceremony Breakfast & Rest
1:00 - 3:30 pm	Flexible Post-Ceremony Lunch ((Eat at your own pace)
4:00 pm	Creative Art Integration & Painting
6:30 PM	Dinner

RETREAT PROGRAM

DAY 7 SUNDAY, MARCH 22 - FULL MOON

8:00 am	Restorative Yoga
9:15 am	Breakfast
11:00 am	Nature Walk & River Meditation
1:00 pm	Light Lunch (Final meal before Ceremony)
5:00 pm	Ceremony Intention Setting & Gene Keys Contemplation
8:30 PM	Ayahuasca Ceremony - 10 hour journey

DAY 8 - MONDAY, MARCH 23

7:30 am	Post-Ceremony Breakfast & Rest
2:00 PM	Open Lunch window (Chef-prepared as you wake)
4:00 pm	Creative Art Integration
6:30 pm	Dinner

DAY 9 TUESDAY, MARCH 24

8:00 am	Yoga
9:15 am	Breakfast & Packing
10:30 am	Transfer and Check-In to Villa Magica (Lamay)
1:00 pm	Welcome Lunch
3:00 pm	Gene Keys Contemplation Circle by the River
6:30 pm	Dinner

RETREAT PROGRAM

DAY 10 - WEDNESDAY, MARCH 25

8:00 am	Yoga
9:15 am	Breakfast
11:00 am	Andean Cosmovision Talk & Temazcal Sweat Lodge
2:00 pm	Lunch by the river
3:00 pm	Afternoon Tea & Chill Time
6:30 pm	Dinner

DAY 11 - THURSDAY, MARCH 26

8:00 am	Yoga
9:15 am	Breakfast
10:30 am	Writing Letters of Release/Collecting Personal Offerings
11:00 am	Traditional Q’eros Despacho & Pachamama Closing Offering
1:00 pm	Lunch
3:00 pm	Free Time, River Walks & Relaxing Massages
6:30 pm	Celebration Farewell Dinner

DAY 12 - FRIDAY, MARCH 27

8:00 am	Closing Circle & Arkana Protection Blessing
9:15 am	Farewell Breakfast
11:00 am	Group Transfer to Cusco Airport

YOUR GUIDES

Throughout your stay, you'll be held by a compassionate team who has walked this healing path firsthand - through the messy parts, breakthroughs, and everything in between. Now we're here to hold space and share the exact tools that helped us come home to ourselves. If this speaks to your heart, we'd love to walk alongside you.



Carmen Anderson - Founder
Gene Keys & Plant Medicine Integration Guide
3/5 Emotional Manifestor
Main gifts: 47, 22, 45, 26



Yuri Valencia
Cosmovision Keeper & Temazcal Guide
2/5 Emotional Manifesting Generator
Main Gifts: 22,47, 26, 45



Tagua
Ayahuasca Ceremony Facilitator
XProjector
Main Gifts: 36,6,45,26



Adriana Ledezma
Ayahuasca Ceremony Facilitator
6/3 Emotional Projector
Main Gifts: 49, 4, 14, 8



Sofia Mellano
Earth Medicine Facilitator
2/4 Reflector
Main gifts: 19, 33, 44, 24



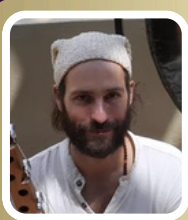
Americo
Qero Nation Paqo
6/2 Emotional Manifesting Generator
Main gifts: 47, 22, 12, 11



Hector Hurtado
Kambo Facilitator
1/3 Emotional Generator
Main gifts: 58, 52, 18, 17



Antua
Somatic Healing Facilitator
5/1 Sacral Generator
Main gifts: 49, 4, 14, 8



Gonzalo
Sound Healing Facilitator
2/4 Emotional Generator
Main gifts: 54, 53, 57, 51

Tina
Equine Therapy Facilitator
4/1 Emotional Generator
Main gifts: 62,61, 3, 50

WHAT PEOPLE ARE SAYING

> Something cracked open in me during this retreat. I didn't find answers - I found peace.
>
> **Cece**

> For anyone who's sacred to feel... this retreat held me in ways I didn't know I needed.
>
> **Deborah**

> It felt like my soul had been waiting for this space. There's a softness here that changed me.
>
> **Pascale**

If you're feeling the nudge toward this work, trust that something in you is ready.
This retreat offers a powerful, supportive container for anyone ready to step deeper into alignment, emotional truth, and soul-led living.

Carmen and the team hold a safe, grounded, compassionate space for your transformation walking with you before, during, and long after the retreat itself.

If you'd like to explore whether this feels right for you, we're here to support you.
Just reach out and schedule a free one-on-one call—no cost at all.

CONTACT US:

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